

90.9 fm  
**cjsw**  
**ON-AIR**  
**GUIDE**

- spoken word
- mix
- roots/folk/country/blues
- rock
- jazz
- experimental
- classical
- multicultural
- electronic
- soul/hip-hop/funk
- heavy

[www.cjsw.com](http://www.cjsw.com)

**BBC** Updates on the hour from 7-9 am every weekday

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
5:30 am	<b>CJSW Echo Chamber</b>	<b>Standing on the Shoulders</b> Hosted by Peter	<b>Beat Salad</b> Hosted by Mike Ellsworth	<b>Sonic Skillet</b> Hosted by Mark DeJong	<b>Jazz Today</b> Hosted by Tim Mah	<b>Lush Life</b> Hosted by Megan	<b>Thriller Bark</b>
7:00 am	<b>Counterspin</b>	<b>The A.M.</b> Hosted by Peter Hemminger	<b>A Quiet Light</b> Hosted by Marta	<b>Sun Ramen</b> Hosted by Cavan	<b>Palgary Almanac</b> Hosted by Peter Oliver	<b>Soul Food</b> Hosted by Hayley Muir	<b>MAPL Syrup</b> Hosted by Marta
8:00 am	<b>South Sudan Radio</b> Sudanese Hosted by Charles				<b>Rambler's Almanac</b> Hosted by Nicole Montford		<b>Voice of Ethiopia</b> Ethiopian Hosted by Beyene
9:00 am	<b>Hrvatski Radio</b> Croatian Hosted by Josip	<i>Sponsored by BeatRoute Magazine</i>				<i>Sponsored by Lukes Drug Mart</i>	<b>Bunte Welle</b> German Hosted by Fritz & Hilli Schmitt
10:00 am	<b>Radyo Pilipino</b> Filipino	<b>Breaking the Tethers</b> Hosted by Andrew Waller	<b>Six String Variety Hour</b> Hosted by Erin Ross <i>Sponsored by CJSW Friends Card</i>	<b>Local Singles</b> Hosted by Sami Parker <i>Sponsored by CJSW Friends Card</i>	<b>The Fourth Line Grind</b> Hosted by Taylor Shephard	<b>Soft Corner</b> Hosted by Katelyn	<b>Hellenic Melodies</b> Greek Hosted by Adonia & Evie
11:00 am	<b>Conectate Con Nash</b> Spanish Hosted by Nash	<b>CJSW Originals</b> Rotating CJSW podcasts	<b>CJSW Originals</b> Rotating CJSW podcasts	<b>Alternative Radio</b> Hosted by David Barsamian	<b>Sound of Campus</b> <b>Students' Union Weekly</b>	<b>7-10 Split</b> Hosted by Emily <i>Sponsored by CJSW Friends Card</i>	<b>Speaking In Tongues</b> Hosted by Daryl
12:00 pm	<b>Eritrean Radio</b> Eritrean Hosted by Michael	<b>The Brutal &amp; The Beautiful</b> Hosted by Chris Brennan	<b>iNTaNGiBiLiTy</b> Hosted by Simon	<b>Phono Synthesis</b> Hosted by Andy	<b>The Good Medicine Show</b> Hosted by Hannah & Cam	<b>Wooly Bully</b> Hosted by Tim Woolvett	<i>Sponsored by Bite Grocer + Eatery</i>
1:00 pm	<b>New Horizons</b> Hosted by Emerging CJSW Hosts	<i>Sponsored by Cannibale</i>			<i>Sponsored by IRIM</i>	<i>Sponsored by Dandy Brewing</i>	<b>Double Entendre Preserves</b> Hosted by Jeanette
2:00 pm	<b>Off the Map</b> Hosted by Kibwe, Tia & Sean	<b>Mint Condition</b> Hosted by Jess Arcand	<b>Lavender Menace</b> Hosted by Victoria	<b>Cognitive Dissonance</b> Hosted by Tyra	<b>The Failed Pilot</b> Hosted by Adam Kamis	<b>Future Language</b> Hosted by Helen	<i>Sponsored by Hexagon Board Game Café</i>
3:00 pm	<b>Knotted Roots</b> Hosted by Stefan	<i>Sponsored by CJSW Friends Card</i>	<i>Sponsored by Velour Clothing Exchange</i>	<i>Sponsored by Calgary Underground Film Festival</i>	<i>Sponsored by Broken City</i>	<i>Sponsored by The Palomino Smokehouse</i>	<b>Hot Trax</b> Hosted by Daisy
4:00 pm	<b>Mental Illness</b> Hosted by DJ Cosm	<b>Fender Bender</b> Hosted by Audrey	<b>The Dog House</b> Hosted by DJ BLKFT & Woodstock	<b>The Spin Evolution</b> Hosted by Joan Sarro	<b>Alternative To What?</b> Hosted by Kerry Clarke	<b>Road Pops</b> Hosted by Kevin Brooker & Grant Burns	<b>Level The Vibes</b> Reggae Hosted by DJ Tullo & Sweet P
5:00 pm	<i>Sponsored by Cold Garden Beverage Co.</i>		<i>Sponsored by Confluence Distilling</i>	<i>Sponsored by International Avenue</i>	<i>Sponsored by Community Natural Foods</i>		
6:00 pm	<b>Breaking Techniques</b> Hosted by Val <i>Sponsored by CJSW Friends Card</i>	<b>French Transe en Danse</b> Hosted by Gilles	<b>Desi Vibes</b> Hosted by Rup, Harvin Sumeet & Nanaak	<b>The Blues Witness</b> Hosted by Cindy McLeod <i>Sponsored by Avatara Pizza</i>	<b>Union Jacked</b> Hosted by Connor <i>Sponsored by The Ship and Anchor</i>	<b>The Electric Company</b> Hosted by Rob Faust <i>Sponsored by Establishment Brewing Co.</i>	<b>Carnival Mix</b> Soca/Calypso Hosted by Drew Atlas
7:00 pm	<b>SpeakEasy</b> Hosted by Mandi	<b>South Louisiana Gumbo</b> Hosted by Chef Wayne	<b>Tombstone After Dark</b> Hosted by Daren & Keri	<b>Lift The Bandstand</b> Hosted by Gordon Hilton Fick	<b>Folkcetera</b> Hosted by Les & Bruce <i>Sponsored by Blindman Brewing</i>	<b>Fade to Bass</b> Hosted by AJ	<b>Fossil Records</b> Hosted by Peter R <i>Sponsored by CJSW Friends Card</i>
8:00 pm	<b>Katharsis / Processed</b> Hosted by Kevin & Kris	<b>CJSW Originals</b> Rotating CJSW podcasts	<b>CJSW Originals</b> Rotating CJSW podcasts	<b>CJSW Originals</b> Rotating CJSW podcasts	<b>Noise</b> Hosted by Paula	<b>Fullmoon Funkalicious</b> Hosted by Moonlips <i>Sponsored by Freq Magazine</i>	<b>The Nocturntable</b> Hosted by D-Jedi Christine
9:00 pm		<b>Doppler Effect</b> Hosted by Penny & Smoth	<b>The Royal We</b> Hosted by Hannah & Tasya	<b>Classicool</b> Hosted by Fiona		<b>Dirty Needles</b> Hosted by The Trackbastards	<i>Sponsored by Twinbat Sticker Co.</i>
10:00 pm	<b>That's Classical?</b> Hosted by Graham	<b>Prairie Surfin</b> Hosted by Jay	<b>The Lost World</b> Hosted by Sean Willett	<b>State of Solace</b> Hosted by Liam Dawe	<b>Silent Disco</b> Hosted by Henry & Alex	<b>What Will The Neighbours Think?</b> Hosted by Carissa Gem <i>Sponsored by Wild Brewing Co.</i>	<b>Attention Surplus Disorder</b> Hosted by Richard Z
11:00 pm		<b>Radio Free Transylvania</b> Hosted by Mark von Frankenstein	<b>To Seek Heavy</b> Hosted by Dexter	<b>Deep Trouble</b> Hosted by Chris	<b>The Weird Vector</b> Hosted by Cholo	<b>Remote Emissions</b> Hosted by the Lotus Queen	
12:00 am	<b>Outside the Lines</b> Hosted by John Reid	<b>Rock Bottom</b> Hosted by Lucky Lauz	<b>Power Trip</b> Hosted by Tallan & Chevy	<b>Modulations</b> Hosted by Kris	<b>Bass Ackwards</b> Hosted by DJ Pandemik	<b>DNA</b> Hosted by DJ Double D	<b>Megawatt Mayhem</b> Hosted by JP Wood
1:00 am	<b>Symphonic Dreams</b>	<i>Sponsored by New Level Brewing</i>				<b>The Mix Up</b> Hosted by Bryson and Anput	
2:00 am		<b>Trippin' the Night</b> Hosted by Stephen Donahue	<b>Avant Garage</b> Hosted by Peter Noble	<b>Avant Garage</b> Hosted by Peter Noble	<b>Rage Cage</b> Hosted by Nat Kaos		
3:00 am to 5:30 am	<b>Straight On 'Til Morning</b> Hosted by DJ Heavy Early					<b>Thriller Bark</b> Hosted by Jonathan Crane <i>(cont'd...)</i>	<b>Nightmare Delirium</b> Hosted by Kathryn